



MEALS ON WHEELS
AMERICA

TOGETHER, WE CAN DELIVER.

Milwaukee County Senior Dining

MEALS ON WHEELS

FEBRUARY 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Vacation Hold? Delivery Issues? Address Change? CALL: 358-6527</div>		1 Meatloaf Onion Gravy Garlic Mashed Potatoes Crinkle Cut Carrots with Dill Seven Grain Bread Peaches	2 GROUNDHOG DAY Peachy Pork Roast <i>Cheesy, Diced</i> Potato Casserole Green Beans Potato Dinner Roll Fruited Yogurt	3 <i>Lemon & Garlic</i> Chicken Breast Baked Potato Sour Cream Country Vegetable Blend Seven Grain Bread Cinnamon Applesauce
6 Italian Sausage Marinara Sauce Bow-Tie Pasta/Sauce Beans Medley Grape Juice Crusty Roll Peanut Butter Cookie ♥ Chilled Pears	7 <i>(Related)</i> Chinese New Year Beef w/Broccoli Chinese Fried Rice Egg Roll Sweet & Sour Sauce Mandarin Oranges Chinese Almond Cookie	8 <i>Country-Style</i> Boneless Pork w/Gravy German Potato Salad Broccoli Wheat Dinner Roll Fresh Apple	9 Sweet & Sour Chicken Seasoned Brown Rice Maui Vegetable Blend Rye Dinner Roll Orange Juice Sugar Free Cookie	10 Stuffed Cabbage Roll Mashed Potatoes Harvard Beets Rye Bread Tapioca Pudding ♥ Fresh Orange
13 BBQ Beef Sandwich on Bun Baby Baker Potatoes Whole Kernel Corn Tropical Fruit Cup	14 Valentine's Day Roast Beef/Gravy Baked Potato/Sour Cream Green Beans Almondine Love Knot Dinner Roll Banana Cream Pie ♥ Banana	15 Roast Turkey Gravy Sweet Potato Brussels Sprouts Cranberry Muffin Fruit Cocktail	16 BBQ Chix Leg/Thigh Buttered Red Potatoes Creamed Spinach 7-Grain Bread Romaine, Cucumber/Ranch Iced Brownie ♥ Fresh Apple	17 Hungarian Goulash Buttered Noodles Peas & Carrots Marble Rye Bread Grape Juice Chocolate Pudding ♥ ↓ Cal Choc Pudding
20 President's Day Yankee Pot Roast w/Celery & Onion Parslied, ¼ Potatoes Peas & Carrots Sourdough Bread Cherry Crisp ♥ Canned Cherries	21 Ring Bologna Ketchup & Mustard American Fried Potatoes Baked Beans 7-Grain Bread Rice Krispie Treat ♥ Fresh Orange	22 Tahitian Chicken Breast Wild Rice Blend Key Largo Vegetables Apple Juice Oval Dinner Roll Blushing Diced Pears	23 Italian Meatsauce Spaghetti w/ Marinara Sauce Italian Vegetable Blend Garlic Bread Mixed Greens Italian Dressing Peaches	24 Baked Ham Scalloped Potatoes Winter Vegetable Blend Rye Bread Carrot Cake w/White Icing ♥ Apple
27 Swiss Mushroom Burger Rye Hamburger Bun Ketchup, Mustard Baby Baker Potatoes Sugar Snap Beans Mandarin Oranges	28 Mardi Gras Chicken Creole Seasoned Red Beans & Rice Green Beans Hurricane Punch Corn Bread Paczki (<i>Jelly Doughnut</i>) ♥ Fresh Fruit	<div><div>Milwaukee County  Senior Dining</div><div></div><div> LIKE US ON facebook</div></div>		